west 29
RESTOLOUNGE

The Thursday Special

Small Plates

House Bruschetta
Tomatoes, red onions,garlic
and fresh basil pesto on crisp
toasted ciabatta

West29 Buffalo Chicken Wings
Choose mild, spicy or salt & pepper
chicken wings. Blue cheese dip
& crunchy celery sticks

Spicy Irish Beef Meatballs
A blend of herbs and seasonings,
chef's tangy tomato sauce,
cool crème friache

Caprese Salad
Beef tomatoes, buffalo mozzarella,
dressed baby leaf salad, chef's basil pesto

Duck Spring Roll
Crisp duck and veggie rolls with a
soy, sesame and hoisin dipping sauce

West29 Signature Soups
Daily selection of freshly made soups

Rustic Garlic bread
Rustic baguette with melting garlic
and herb butter.Add fresh mozzarella

Caesar Salad
Cos lettuce, garlic croutons, lardoons of
bacon, house Caesar dressing & parmesan

Braised Short Ribs
Slow cooked short ribs, chefs
own tangy sauce

Big Plates

Tempura Cod
Goujons of cod in a light and crisp
tempura batter, lemon and caper dip

Cajun Chicken Pasta
Chicken strips in a light cajun sauce,
bow tie pasta & garlic bread

Asian Stir Fry Chicken
Wok fired with a medley of vegetables, soy
and sesame dressed noodles.

Chargrilled Dexter Beef Burger
Beef from the rare original Dexter breed of
cattle raised on the pastures of southwest
Ireland. Smokey tomato bacon relish,
seeded bun

Fillet of Hake
Chargrilled chicory, chrizo and
caper butter

Thai Curry
Choose red or green Thai curry with naan
bread and jasmine rice

Chargrilled Irish Chicken Breast
On a bed of creamy mash. Choose Garlic
butter, pepper sauce, tomato & herb sauce
or mushroom & cognac

Steak Frites
5oz Irish rib eye steak, flash cooked to yout
liking with your favourite sauce.

Prime Irish Fillet Steak €12.00 supplement
8oz Irish fillet steak, let us know how you'd
like it cooked, choose your favourite
sauce & enjoy!

The Rib Eye €7.00 supplement
10oz Irish Rib Eye steak, cooked your way!
Choose your favourite sauce

**Steak Sauces: Garlic Butter, Tomato & Herb Sauce,
Creamy Pepper Sauce or Mushroom & Cognac**

All Served with a selection of sides