

SMALL PLATES

west 29
RESTOLOUNGE

PANKO CRUMB CALAMARI €7.50

Lightly fried calamari rings, roasted garlic and lemon dip

BUFFALO CHICKEN WINGS €7.50

choose mild or spicy wings with blue cheese dip and celery sticks

HOUSE BRUSCHETTA €7.50

ciabatta bread, tomatoes, onions, garlic, basil, pesto, rocket salad

SALT & CHILI CHICKEN €7.50

crisp chicken strips, fresh chili, onions and peppers, soy and sesame

CAESAR SALAD €7.00 | CHICKEN €8.50

cos lettuce, bacon, herb croûtons, caesar dressing, parmesan cheese, chargrilled Irish chicken breast

BRAISED SHORT RIBS €7.50

slow cooked short ribs, chefs own tangy sauce

PRAWNS PIL PIL €10.50

sauteed jumbo prawns, with chili garlic and olive oil

THAI FISH CAKES €8.50

salmon and haddock, Thai flavours, light panko crumb, avocado, baby capers, and baby leave salad. lime dill aioli

GARLIC CIABATTA €5.75/CHEESE €6.75

rustic Italian bread, garlic butter. Let us know if you'd like mozzarella cheese

WEST29 SOUPS €5.95

your server will let you know todays soups



READING GLASSES
AVAILABLE,
PLEASE ASK SERVER

ALLERGEN INFORMATION

If you have a specific allergen or intolerance, please notify your server for our detailed recipe book.

TAPAS PLATES

€5.25 EACH
OR
3 FOR €15.50

PATATAS BRAVAS

fried potatoes with a spiced tomato sauce, garlic chili aioli

SPICY MEATBALLS

a blend of herbs & seasonings, chefs tangy tomato sauce

BUFFALO CHICKEN WINGS

choose mild or spicy, blue cheese dip

MARINATED OLIVES

medley of olives, breads & crackers

BRAISED SHORT RIBS

slow cooked and braised pork ribs, chefs tangy sauce

MINI PORK SLIDER

mini pork burger, manchego cheese, Asian slaw

MOROCCAN CHICKEN

lemon chicken shish kebabs, ginger, chili and soy dip

WARM BREADED BRIE

cranberry and red onion jam

HUMMUS

rich hummus with crackers

LIGHTLY FRIED CALAMARI

light and crisp panko crumb, roasted garlic and lemon dip

THE ITALIANS CALL IT ANTIPASTI,
THE CHINESE DIM SUM,
THE TURKS MAZE,
THE FRENCH HORS D'OEUVRE,
THE SPANISH TAPAS,
AT WEST29
WE CALL IT SHARING!

STEAK PLATES

SURF YOUR STEAK

Jumbo Prawns cooked in a creamy garlic sauce

€6.25

SAUCES

CREAMY PEPPER
GARLIC BUTTER
MUSHROOM & WHITE WINE
TOMATO & PESTO



THE RIB EYE €26.00

10oz Irish Rib Eye steak, cooked your way!
Choose your favourite sauce and side.

PRIME IRISH FILLET STEAK €30.25

8oz Irish fillet steak, let us know how you'd like it cooked,
choose your favourite sauce and side and enjoy.

PETITE FILLET STEAK MEDALLION €21.00

4oz Irish Fillet steak, creamy champ. Choose your favourite sauce and 1 side.

SURF & TURF €26.00

4oz Irish Fillet steak on a bed of champ topped with sautéed jumbo prawns
in a garlic cream sauce. choose 1 side

PETITE RIB EYE €17.95

6oz Irish rib eye steak, let us know how you'd like it cooked,
choose a sauce & 1 side

CHARGRILLED IRISH LAMB STEAK €27.00

organic Irish lamb, minted crispy greens,
sautéed potatoes. 1 side

ALL SAUCES
ARE GLUTEN
FREE

BIG PLATES

BLACKENED SALMON €19.95 BRAISED SHORT RIBS €17.95

chickpea, chorizo, spinach and Slow cooked short ribs, chefs own
white wine cassuelette. 1 side tangy sauce. 1 side

TRADITIONAL SCAMPI €22.95 RIBS & WINGS COMBO €18.75

jumbo Dublin bay prawns, Slow cooked short ribs & mild, spicy
light tempura batter. 1 side or salt & pepper wings. 1 side

BARBARIE DUCK BREAST €24.00 PASTA RIGATONI €18.25

pan seared duck breast, wok fired Asian smoked chicken breast, Italian sausage, sun
vegetables, plum and sesame sauce. 1 side dried tomato garlic cream sauce. Truffle oil.

THAI CHICKEN CURRY €17.00 ITALIAN CHICKEN €18.95

VEGETABLES €16.50 | PRAWNS €21.00 chicken supreme filled with roasted red
Choose red or yellow Thai curry with pepper, sun dried tomato & cream cheese
naan bread and jasmine rice mousse. rainbow carrots, grilled asparagus,
parmesan and tomato cream sauce

ASIAN STIR FRY CHICKEN SUPREME €16.50

CHICKEN €18.95 PRAWN €19.95 On a bed of creamy mash. Choose
Wok fired with a medley of vegetables, your favourite sauce and 1 side.
soy and sesame dressed noodles

PUMPKIN CURRY €15.50 VEGETARIAN OPTIONS

sweet potatoes and chickpeas pasta dishes, Asian stir fry,
tomato based curry sauce. Thai curry can be cooked
Vegan, vegetarian & healthy! vegetarian

SIDES

WEST29 FRIES
CHAMP POTATOES
CREAMY GARLIC GRATIN
SAUTÉED GARLIC POTATOES
SAUTÉED MUSHROOMS
SAUTÉED ONIONS
PANKO ONION RINGS
VEGETABLES OF DAY
SWEET POTATO FRIES
CAULIFLOWER CHEESE
STEAMED RICE
NEW SEASON POTATOES

€4