

west 29  
RESTOLOUNGE



THE EARLY BIRD  
THURSDAY-SATURDAY 5.00-6.30PM  
SUNDAY 12.00-3.00PM

CHOOSE  
SMALL PLATE  
& BIG PLATE

€19

## SMALL PLATES

**WEST29 SOUPS** Your server will let you know today's soup

**PANKO CRUMB CALAMARI** roasted garlic and lemon dip

**BRAISED SHORT RIBS** slow cooked ribs, tangy BBQ sauce

**BUFFALO CHICKEN WINGS** Choose mild, spicy, blue cheese dip & celery sticks

**CAESAR SALAD** cos lettuce, bacon, croûtons, parmesan and caesar dressing.

**HOUSE BRUSCHETA** Italian ciabatta, topped with tomatoes, onions, garlic & basil pesto

**SPICY MEATBALLS** Irish minced beef, special blend of herbs and seasonings, tomato sauce

## BIG PLATES

**IRISH CHICKEN BREAST** chargrilled chicken breast with mushroom & white wine sauce. Choose 1 side

**AUTHENTIC THAI CHICKEN CURRY** Choose red or yellow Thai curry with naan bread and jasmine rice

**ASIAN CHICKEN STIR FRY** Wok fired with a medley of vegetables, soy and sesame dressed noodles

**BLACKENED SALMON** chickpea, chorizo, spinach and white wine cassuelette. Choose 1 side

**TUSCAN CHICKEN PASTA** sautéed chicken breast, chorizo, smoked paprika, peas, fresh tagliatelle, roast onion & garlic cream sauce

**PETITE RIB EYE** 6oz Irish rib eye steak, let us know how you'd like it cooked & choose a sauce **€2 supp**

**WEST29 BURGER** 8oz Irish beef burger, smoked cheese, bacon & burger relish. Choose 1 side

**BRAISED SHORT RIBS** Slow cooked rack of short ribs, chefs own tangy sauce. Choose 1 side

**RIBS & WINGS COMBO** Half rack of ribs, choose mild or spicy wings. Choose 1 side

**WEST29 SALAD BOWL** seasonal leaves, avocado, sun blushed tomatoes, mixed super seeds, feta cheese, garlic herb croûtons. Choose 1 side.

**Also available with chicken**

**PUMPKIN CURRY** with sweet potatoes and chickpeas in a tomato based curry sauce. This dish is vegan, vegetarian and great as a healthy option. Choose 1 side

## SAUCES

CREAMY PEPPER  
GARLIC BUTTER  
MUSHROOM & WHITE WINE  
TOMATO & PESTO



# TAPAS

CHOOSE  
3 TAPAS &  
GLASS WINE  
€15

THURSDAY-  
SATURDAY  
5.00-6.30PM

SUNDAY  
12.00-3.00PM

## PATATAS BRAVAS

fried potatoes, with a mild  
spiced tomato sauce

## SPICY MEATBALLS

Irish minced beef, special blend of  
herbs and seasonings, tomato sauce

## BUFFALO CHICKEN WINGS

Choose mild, spicy or salt & pepper  
Blue cheese dip & celery sticks

## BRAISED SHORT RIBS

slow cooked ribs, tangy BBQ sauce

## CALAMARI

roasted garlic and lemon dip

## PRAWN PIL PIL

prawns marinated in olive oil,  
garlic, salt & pepper

## WARM BREADED BRIE

cranberry & red onion jam

## MARINATED OLIVES

medley of olives

## LAMB SKEWERS

smoky lamb skewers, cool  
and fresh Tzatziki dip

## PULLED PORK

on toasted bun, apple celery salad  
smoky BBQ sauce

## EMPANADILLAS

pastry parcel with goats cheese,  
roasted veggies, red pepper dip

## CHICKEN & CHORIZO PAELLA

chorizo, peppers & rich chicken broth

## AUBERGINE CROSTINI

chargrilled aubergine, crisp garlic  
ciabatta, whipped feta & beetroot

## FISH CAKE

salmon and smoked cod, pickled  
cucumber, lime & dill dressing

## HUMMUS & CRACKERS

smooth hummus with  
artisan crackers

THE ITALIANS CALL IT ANTIPASTI,  
THE CHINESE DIM SUM,  
THE TURKS MAZE,  
THE FRENCH HORS D'OEUVRES,  
THE SPANISH TAPAS,  
AT WEST29  
WE CALL IT SHARING!

## ALLERGEN INFORMATION

If you have a specific  
allergen or intolerance,  
please notify your server  
for our detailed  
recipe book.

# SIDES

WEST29 FRIES  
CHAMP POTATOES  
CREAMY GARLIC GRATIN  
SAUTÉED GARLIC POTATOES  
SAUTÉED MUSHROOMS  
SAUTÉED ONIONS  
PANKO ONION RINGS  
VEGETABLES OF DAY  
SWEET POTATO FRIES  
CAULIFLOWER CHEESE  
STEAMED RICE  
BABY BOILED POTATOES

€3.95