

west 29
RESTOLOUNGE



THE EARLY BIRD
THURSDAY-SATURDAY 5.00-6.30PM
SUNDAY 12.00-3.00PM

CHOOSE
SMALL PLATE
& BIG PLATE
€19

SMALL PLATES

WEST29 SOUPS Your server will let you know today's soup

PANKO CRUMB CALAMARI roasted garlic and lemon dip

BRAISED SHORT RIBS slow cooked ribs, tangy BBQ sauce

BUFFALO CHICKEN WINGS Choose mild, spicy, blue cheese dip & celery sticks

CAESAR SALAD cos lettuce, bacon, croûtons, parmesan and caesar dressing.

HOUSE BRUSCHETA Italian ciabatta, topped with tomatoes, onions, garlic & basil pesto

SPICY MEATBALLS Irish minced beef, special blend of herbs and seasonings, tomato sauce

BIG PLATES

IRISH CHICKEN BREAST chargrilled chicken breast with mushroom & white wine sauce. Choose 1 side

AUTHENTIC THAI CHICKEN CURRY Choose red or yellow Thai curry with naan bread and jasmine rice

ASIAN CHICKEN STIR FRY Wok fired with a medley of vegetables, soy and sesame dressed noodles

BLACKENED SALMON chickpea, chorizo, spinach and white wine cassuelette. Choose 1 side

TUSCAN CHICKEN PASTA sautéed chicken breast, chorizo, smoked paprika, peas, fresh tagliatelle, roast onion & garlic cream sauce

PETITE RIB EYE 6oz Irish rib eye steak, let us know how you'd like it cooked & choose a sauce **€2 supp**

WEST29 BURGER 8oz Irish beef burger, smoked cheese, bacon & burger relish. Choose 1 side

BRAISED SHORT RIBS Slow cooked rack of short ribs, chefs own tangy sauce. Choose 1 side

RIBS & WINGS COMBO Half rack of ribs, choose mild or spicy wings. Choose 1 side

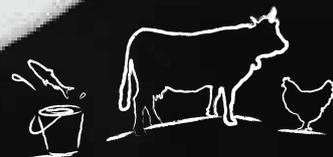
WEST29 SALAD BOWL seasonal leaves, avocado, sun blushed tomatoes, mixed super seeds, feta cheese, garlic herb croûtons. Choose 1 side.

Also available with chicken

PUMPKIN CURRY with sweet potatoes and chickpeas in a tomato based curry sauce. This dish is vegan, vegetarian and great as a healthy option. Choose 1 side

SAUCES

CREAMY PEPPER
GARLIC BUTTER
MUSHROOM & WHITE WINE
TOMATO & PESTO



TAPAS

CHOOSE
3 TAPAS &
GLASS WINE
€15

THURSDAY-
SATURDAY
5.00-6.30PM

SUNDAY
12.00-3.00PM

PATATAS BRAVAS

fried potatoes, with a mild
spiced tomato sauce

SPICY MEATBALLS

Irish minced beef, special blend of
herbs and seasonings, tomato sauce

BUFFALO CHICKEN WINGS

Choose mild, spicy or salt & pepper
Blue cheese dip & celery sticks

BRAISED SHORT RIBS

slow cooked ribs, tangy BBQ sauce

CALAMARI

roasted garlic and lemon dip

PRAWN PIL PIL

prawns marinated in olive oil,
garlic, salt & pepper

WARM BREADED BRIE

cranberry & red onion jam

MARINATED OLIVES

medley of olives

LAMB SKEWERS

smoky lamb skewers, cool
and fresh Tzatziki dip

PULLED PORK

on toasted bun, apple celery salad
smoky BBQ sauce

EMPANADILLAS

pastry parcel with goats cheese,
roasted veggies, red pepper dip

CHICKEN & CHORIZO PAELLA

chorizo, peppers & rich chicken broth

AUBERGINE CROSTINI

chargrilled aubergine, crisp garlic
ciabatta, whipped feta & beetroot

FISH CAKE

salmon and smoked cod, pickled
cucumber, lime & dill dressing

HUMMUS & CRACKERS

smooth hummus with
artisan crackers

THE ITALIANS CALL IT ANTIPASTI,
THE CHINESE DIM SUM,
THE TURKS MAZE,
THE FRENCH HORS D'OEUVRES,
THE SPANISH TAPAS,
AT WEST29
WE CALL IT SHARING!

ALLERGEN INFORMATION

If you have a specific
allergen or intolerance,
please notify your server
for our detailed
recipe book.

SIDES

WEST29 FRIES
CHAMP POTATOES
CREAMY GARLIC GRATIN
SAUTÉED GARLIC POTATOES
SAUTÉED MUSHROOMS
SAUTÉED ONIONS
PANKO ONION RINGS
VEGETABLES OF DAY
SWEET POTATO FRIES
CAULIFLOWER CHEESE
STEAMED RICE
BABY BOILED POTATOES

€3.95