



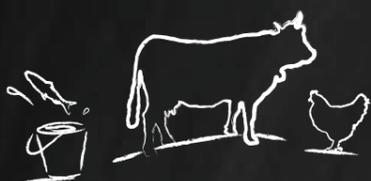
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EARLY BIRD SPECIAL

Join us for our fantastic early bird. Thursday - Saturday 5.00-6.30pm
3 Tapas & Glass Wine €15.95
Small & Plate €19.95



LOCAL PRODUCE

At West29 we endeavor to source as much local produce as we can, keeping our food fresher, tastier and healthier for you whilst also supporting local suppliers



GROUP BOOKINGS

Planning a celebration... West29 is the perfect venue to host your next special event. We can cater for weddings, birthday parties and all the rest!



west 29
RESTOLOUNGE

EVENING MENU

RESERVATIONS

TEL: 041 9830966 | EMAIL: west29@westcourt.ie | WEB: www.west29.ie



west 29
RESTOLOUNGE

W
WESTCOURT
HOTEL

woodrows
— ingraind & inspiritd since 1755



READING GLASSES
AVAILABLE,
PLEASE ASK SERVER

STARTERS

PANKO CRUMB CALAMARI €7.50

Lightly fried calamari rings, roasted, garlic & lemon dip

BUFFALO CHICKEN WINGS €7.50

choose mild or spicy wings with, blue cheese dip & celery sticks

HOUSE BRUSCHETTA €7.50

ciabatta bread, tomatoes, onions, garlic, pesto tossed salad

SALT & CHILI CHICKEN €7.50

crisp chicken strips, fresh chili, onions & peppers, soy sesame glaze

SAUTEED PRAWNS €10.95

Dublin bay prawns with coriander, chili, lemon & parsley, giant cous cous

BRAISED SHORT RIBS €7.50

slow cooked short ribs, chefs own tangy sauce

FISH CAKES €8.50

smoked cod and salmon, light panko crumb, avacado, baby capers, mixed leave salad, lime dill aioli

GARLIC CIABATTA €5.75/CHEESE €6.75

rustic Italian bread, garlic butter. Let us know if you would like mozzarella cheese

ALLERGEN INFORMATION

If you have a specific allergen or intolerance, please notify your server for our detailed recipe book.

BIG PLATES

BLACKENED SALMON €19.95 BRAISED SHORT RIBS €17.95

chickpea, chorizo, spinach and white wine cassoulette. 1 side slow cooked short ribs, chefs own tangy sauce. 1 side

TRADITIONAL SCAMPI €22.95 RIBS & WINGS COMBO €18.75

jumbo Dublin bay prawns light tempura batter. 1 side slow cooked short ribs & mild, spicy or salt & pepper wings. 1 side

BARBARIE DUCK BREAST €24.00 PASTA RIGATONI €17.95

pickled & charred fennel, asparagus baby carrots, raspberry orange glaze sweet potato fritters. 1 side smoked chicken breast, Italian sausage, sun dried tomato and garlic cream sauce, truffle oil. 1 side

THAI CHICKEN CURRY €17.00 ASIAN STIR FRY VEGETABLES €16.50 | PRAWNS €21.00 CHICKEN €17.95 PRAWN €19.95

Thai red curry with naan bread and jasmine rice wok fired medley of vegetables, soy & sesame dressed noodles

CHICKEN SUPREME €16.50

pan seared Irish chicken breast, white wine mushroom sauce. Choose 1 side

SOUP & SALADS

CAESAR SALAD €7.00 CHICKEN CAESAR €8.50

cos lettuce, bacon, herb croûtons, caesar dressing, parmesan cheese, chargrilled Irish chicken breast

WEST29 SOUPS €5.95

your server will let you know todays soups

VEGETARIAN

CORN & CHICKPEA BURGER €15.95

corn, chickpeas, coriander, chili in a light panko crumb, toasted blaa, roasted pepper creme friache. 1 side

PUMPKIN CURRY €15.95

sweet potatoes & chickpeas in a tomatoe based curry sauce, basmati rice vegan, vegetarian & healthy!

COURGETTE & BEAN STEW €15.95

thai flavoured aubergine, courgette & bean stew, slightly spiced tomato sauce, basmati rice

STEAK PLATES

THE RIB EYE €26.00

10oz Irish Rib Eye steak, cooked your way! Choose your favourite sauce and side.

PRIME IRISH FILLET STEAK €29.95

8oz Irish fillet steak, choose a sauce and side

PETITE FILLET STEAK MEDALLION €23.95

4oz Irish Fillet steak, choose a sauce & 1 side

STEAK SIZZLER €25.95

10oz Irish sirloin steak, served sizzling with jack daniels and cajun cream sauce. 1 side

SAUCES

all gluten free
CREAMY PEPPER SAUCE
GARLIC BUTTER
MUSHROOM WHITE WINE
SALSA VERDE



SIDES

WEST29 FRIES
CHAMP POTATOES
SAUTÉED GARLIC POTATOES
SAUTÉED MUSHROOMS
SAUTÉED ONIONS
PANKO ONION RINGS
VEGETABLES OF DAY
CAULIFLOWER CHEESE

€4

SURF YOUR STEAK

jumbo prawns
cooked in a garlic
cream sauce

€6.25