



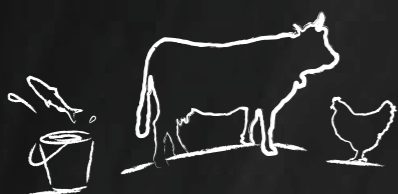
### GET SOCIAL WITH WEST29

Check out our website for all the latest news, events and offers. Get social with Facebook, Twitter & Instagram  
[www.west29.ie](http://www.west29.ie) | [@west29](https://www.instagram.com/west29) | [#west29](https://twitter.com/west29)



### EARLY BIRD SPECIAL

Join us for our fantastic early bird. Thursday - Saturday 5.00-6.30pm  
3 Tapas & Glass Wine €15.95  
Small & Plate €19.95



### LOCAL PRODUCE

At West29 we endeavor to source as much local produce as we can, keeping our food fresher, tastier and healthier for you whilst also supporting local suppliers



### GROUP BOOKINGS

Planning a celebration... West29 is the perfect venue to host your next special event. We can cater for weddings, birthday parties and all the rest!



*west 29*  
RESTOLOUNGE

EVENING MENU

### RESERVATIONS

TEL: 041 9830966 | EMAIL: [west29@westcourt.ie](mailto:west29@westcourt.ie) | WEB: [www.west29.ie](http://www.west29.ie)

*west 29*  
RESTOLOUNGE

  
WESTCOURT  
HOTEL

  
woodrows  
— ingraind & inspired since 1755





READING GLASSES  
AVAILABLE,  
PLEASE ASK SERVER

## STARTERS

### PANKO CRUMB CALAMARI €7.50

Lightly fried calamari rings, roasted, garlic & lemon dip

### BUFFALO CHICKEN WINGS €7.50

choose mild or spicy wings with, blue cheese dip & celery sticks

### HOUSE BRUSCHETTA €7.50

ciabatta bread, tomatoes, onions, garlic, pesto tossed salad

### SALT & CHILI CHICKEN €7.50

crisp chicken strips, fresh chili, onions & peppers, soy sesame glaze

### SAUTEED PRAWNS €10.95

Dublin bay prawns with coriander, chili, lemon & parsley, giant cous cous

### BRAISED SHORT RIBS €7.50

slow cooked short ribs, chefs own tangy sauce

### FISH CAKES €8.50

smoked cod and salmon, light panko crumb, avacado, baby capers, mixed leave salad, lime dill aioli

### GARLIC CIABATTA €5.75/CHEESE €6.75

rustic Italian bread, garlic butter. Let us know if you would like mozzarella cheese

### ALLERGEN INFORMATION

If you have a specific allergen or intolerance, please notify your server for our detailed recipe book.

## BIG PLATES

### BLACKENED SALMON €19.95 BRAISED SHORT RIBS €17.95

chickpea, chorizo, spinach and white wine cassoulette. 1 side slow cooked short ribs, chefs own tangy sauce. 1 side

### TRADITIONAL SCAMPI €22.95 RIBS & WINGS COMBO €18.75

jumbo Dublin bay prawns light tempura batter. 1 side slow cooked short ribs & mild, spicy or salt & pepper wings. 1 side

### BARBARIE DUCK BREAST €24.00 PASTA RIGATONI €17.95

pickled & charred fennel, asparagus baby carrots, raspberry orange glaze sweet potato fritters. 1 side smoked chicken breast, Italian sausage, sun dried tomato and garlic cream sauce, truffle oil. 1 side

### THAI CHICKEN CURRY €17.00 ASIAN STIR FRY VEGETABLES €16.50 | PRAWNS €21.00 CHICKEN €17.95 PRAWN €19.95

Thai red curry with naan bread and jasmine rice wok fired medley of vegetables, soy & sesame dressed noodles

### CHICKEN SUPREME €16.50

pan seared Irish chicken breast, white wine mushroom sauce. Choose 1 side

## SOUP & SALADS

### CAESAR SALAD €7.00 CHICKEN CAESAR €8.50

cos lettuce, bacon, herb croûtons, caesar dressing, parmesan cheese, chargrilled Irish chicken breast

### WEST29 SOUPS €5.95

your server will let you know todays soups

## VEGETARIAN

### CORN & CHICKPEA BURGER €15.95

corn, chickpeas, coriander, chili in a light panko crumb, toasted blaa, roasted pepper creme friache. 1 side

### PUMPKIN CURRY €15.95

sweet potatoes & chickpeas in a tomatoe based curry sauce, basmati rice vegan, vegetarian & healthy!

### COURGETTE & BEAN STEW €15.95

thai flavoured aubergine, courgette & bean stew, slightly spiced tomato sauce, basmati rice

## STEAK PLATES

### THE RIB EYE €26.00

10oz Irish Rib Eye steak, cooked your way! Choose your favourite sauce and side.

### PRIME IRISH FILLET STEAK €29.95

8oz Irish fillet steak, choose a sauce and side

### PETITE FILLET STEAK MEDALLION €23.95

4oz Irish Fillet steak, choose a sauce & 1 side

### STEAK SIZZLER €25.95

10oz Irish sirloin steak, served sizzling with jack daniels and cajun cream sauce. 1 side

### SAUCES

all gluten free  
CREAMY PEPPER SAUCE  
GARLIC BUTTER  
MUSHROOM WHITE WINE  
SALSA VERDE



## SIDES

WEST29 FRIES  
CHAMP POTATOES  
SAUTÉED GARLIC POTATOES  
SAUTÉED MUSHROOMS  
SAUTÉED ONIONS  
PANKO ONION RINGS  
VEGETABLES OF DAY  
CAULIFLOWER CHEESE

€4

### SURF YOUR STEAK

jumbo prawns  
cooked in a garlic  
cream sauce

€6.25